

CLINICAL BREAST EXAM (CBE)

A clinical breast exam is an examination of your breasts by a health professional, such as a physician, nurse practitioner, nurse, or physician assistant. For this examination, you undress from the waist up. The health professional will first inspect (look at) your breast for changes in size or shape. Then, using the pads of the fingers, the examiner will gently feel your breasts. Special attention will be given to the shape and texture of the breasts, location of any lumps, and whether such lumps are attached to the skin or to deeper tissues. The area under both arms will also be examined.

Chinese	華人	Chinese
Community	社區	Community
Health	健康	Health
Resource	資源	Resource
Center	中心	Center