

# 兒童健康體格檢查表

## PEDIATRIC PREVENTIVE CARE GUIDELINES

兒童 CHILDREN	初生兒	日數 Days	Months 月數								Years 年歲							
	NB	2-4	1	2	4	6	9	12	15	18	24	3	4	5	6	8	10	
<b>免疫注射 IMMUNIZATION</b>																		
白喉 / 破傷風 / 百日咳 Diphtheria/Tetanus/Pertussis				◆	◆	◆				◆	◆			◆				
乙型流感 H. Influenza type B				◆	◆	◆			◆	◆								
A型肝炎 Hepatitis A													(in some areas)					
B型肝炎 Hepatitis B	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆							
麻疹、流行性腮腺炎及德國麻疹 Measles, Mumps, Rubella									◆	◆			◆					
小兒麻痺 Polio				◆	◆	◆	◆	◆	◆	◆	◆		◆					
水痘 Varicella (chicken pox)									◆	◆								
肺炎 Pneumococcal				◆	◆	◆			◆	◆								
顱圍 Head Circumference	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆							
身高及體重 Height & Weight	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	
病史及體格 History & Physical	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	
成長及行為鑒定 Developmental/Behavioral Assessment	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	
健康指導諮詢 Health Guidance & Counseling *	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	
遺傳病 Hereditary/Metabolic Screening	◆	◆	◆	◆														
血壓 Blood Pressure												◆	◆	◆	◆	◆	◆	
紅血球 (檢查是否貧血) Hematocrit/Hemoglobin (to check for anemia)							◆	◆	◆	◆								
尿分析 Urinalysis													◆					
視力 Vision	S	S	S	S	S	S	S	S	S	S	S	O	O	O	O	O	O	
聽力 Hearing	O	S	S	S	S	S	S	S	S	S	S	S	O	O	O	O	O	
初次牙齒檢查 Initial Dental Referral									◆	◆	◆	◆	◆	◆	◆	◆	◆	
<b>有如下危險因素傾向的兒童： FOR HIGH RISK CHILDREN :</b>																		
鉛測檢 Lead screening							◆	◆	◆	◆	◆							
紅血球 Hematocrit/Hemoglobin									◆	◆	◆	◆	◆	◆	◆	◆	◆	
膽固醇 Cholesterol screening												◆	◆	◆	◆	◆	◆	
肺結核 Tuberculin test								◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	
流感免疫注射 Influenza vaccination (yearly)						◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	

### 圖解 KEY:

◆ 表示應做檢查 To be performed.

◆—◆ 箭頭表示在此段時間內應做檢查 Range which a test may be performed with the dot indicating the preferred age.

NB= 初生兒 Newborn; S= 一般性測檢 Subjective; O= 儀器標準測檢 Objective, by a standard testing method.

\*產前諮詢是給予有高危險因素、首任父母以及詢求資料的父母；並對嬰兒睡眠姿勢、母乳餵哺、營養、暴力以及預防意外等諮詢及指導。 Prenatal counseling for high-risk, first time parents and those who request a conference; counseling and guidance on sleep position, breast feeding, nutrition, violence & injury prevention.

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A型肝炎 Hepatitis A												(in some areas) ←◆→					
B型肝炎 Hepatitis B	←◆	◆	←◆→	◆	◆	◆	◆	◆	◆	◆	◆						
麻疹、流行性腮腺炎及德國麻疹 Measles, Mumps, Rubella								←◆→					←◆→				
小兒麻痺 Polio				◆	◆	◆	◆	◆	◆	◆	◆		←◆→				
水痘 Varicella (chicken pox)								←◆→									
肺炎 Pneumococcal				◆	◆	◆		←◆→									
顱圍 Head Circumference	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆						
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成長及行為鑒定 Developmental/Behavioral Assessment	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
健康指導諮詢 Health Guidance & Counseling *	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
遺傳病 Hereditary/Metabolic Screening	←◆	◆	→														
血壓 Blood Pressure												◆	◆	◆	◆	◆	◆
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聽力 Hearing	O	S	S	S	S	S	S	S	S	S	S	S	O	O	O	O	O
初次牙齒檢查 Initial Dental Referral									←◆	◆	◆						
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肺結核 Tuberculin test							◆	◆	◆	◆	◆	◆	◆	◆	◆	◆	◆
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