

如果檢查結果不正常， 我該怎麼辦？

如果醫生通知你，說你的大便潛血檢查 (FOBT) 呈陽性反應，即你的大便樣本內有血，但不說明你患上了大腸癌！這也確實表示你要接受進一步檢查，看看陽性反應是因為什麼原因造成的。除了大腸癌以外，痔瘡，服用阿司匹林類的藥物，胃潰瘍或其他原因都會導致便血。

建議做大腸鏡檢查，同時可以發現並取出腫瘤或息肉，或是取出一小片組織送到化驗室化驗。化驗室能診斷取出的組織是惡性還是良性。



Photo: National Cancer Institute

WHAT HAPPENS IF A TEST IS NOT NORMAL?

Let's say that your doctor calls to tell you that your Fecal Occult Blood Test (FOBT) was positive-meaning that blood was found in your stool sample.

It does not mean that you have colorectal cancer! It DOES mean that you will need other tests to find out why the test was positive. There are many reasons, other than cancer, for blood to be in the stool, including hemorrhoids, medication such as aspirin, an ulcer and others.

Colonoscopy is usually recommended, and a polyp might be found and removed. A small amount of tissue might be taken, and sent to the laboratory for examination (biopsy). The laboratory will be able to tell if it is cancer or if it is benign (not cancer).